

America's Youth Outreach and Kaysville City Presents



SELF DEFENSE &
KARATE
Safety Awareness
Youth & Adult Program

THURSDAYS
Kaysville Rec Center

New session begins
September 22 (12 Weeks)

Register 20 minutes prior to class on your
first day

Only \$8.00 per week, pay weekly



For more information call (801) 514-5786 mon-friday 10am-4pm.

Youth and Adult Self-Defense Karate & Safety Awareness Program

ONLY \$8.00 PER WEEK - PAY WEEKLY

THIS PROGRAM IS DESIGNED TO PROMOTE A HIGHER LEVEL OF SELF-CONFIDENCE, IMPROVE SELF-ESTEEM, DISCIPLINE, CONCENTRATION AND COORDINATION. MANY TIMES IMPROVING THEIR SOCIAL INTERACTION AND ACADEMIC PERFORMANCE! STUDENTS ARE PLACED INTO CLASSES ACCORDING TO AGE AND ABILITY. ONLY SELF-DEFENSE IS PROMOTED!

LOCATION

KAYSVILLE RECREATION CENTER
85 NORTH 100 EAST - KAYSVILLE, UTAH

CLASSES

CLASSES ARE EVERY THURSDAY

NEW SESSION BEGINS SEPTEMBER 22 (12 WEEKS)

REGISTER 20 MINUTES PRIOR TO CLASS ON YOUR FIRST DAY!

NEW STUDENTS

5:30 PM - 6:10 PM

RETURNING STUDENTS

YELLOW BELTS & ABOVE: 6:15-6:55 PM

ADULTS: 7:00-8:30 PM

NO HOLIDAYS

SPECIFICS

CLASS FEES ARE ONLY \$8.00 EACH WEEK PLUS A ONE-TIME \$2.00 REGISTRATION FEE EACH SEMESTER. YOU MAY PAY WEEKLY OR TO RECEIVE A ONE WEEK FREE, PAY IN FULL!

IF YOU MISS THE FIRST CLASS YOU MAY REGISTER UP TO WEEK #4, SHOW UP 10 MINUETS PRIOR TO CLASS TIME.

A UNIFORM (GI) IS RECOMMENDED BUT NOT MANDATORY. GI'S ARE \$30.00. LESSONS BEGIN THE FIRST DAY AND STUDENTS SHOULD WEAR THEIR GI OR SHORTS, SWEAT PANTS & T-SHIRT.

FOR MORE INFORMATION CALL (801) 514-5786 MON-FRIDAY 10AM-4PM.